A quarry lake can look very inviting on a hot summer’s day but can be a killer.

Please only enjoy water based activities where it is safe to do so.
5 TIPS TO KEEP EVERYONE SAFER NEAR QUARRY LAKES

- Stay away from the edge of quarry lakes or quarry faces – they could give way. Over 40% of people who drown in the UK never intended to enter the water.
- If you’ve had alcohol don’t enter the water, avoid walking alone and avoid routes near the water’s edge.
- If you are spending time near a quarry lake – make sure you have checked for any safety information and children are fully supervised.

Please remember – warning signs and fencing are there to protect you.

- If you are in trouble in water ‘Float to Live’ – tilt your head back with your ears submerged. Relax and move your hands to stay afloat. Once you have adjusted to the water look for a place to exit – call for help.
- If you see someone in trouble in a quarry lake
  Never enter the water to try and help a person or animal
  CALL 999 and ask for the Fire and Rescue Service
  TELL them to stay calm and float on their back
  THROW them something that floats or find something to reach them and pull them in

#RESPECTTHEWATER

Visit the following sites for more information and resources

Respect the Water – respectthewater.com


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