



#RESPECT THE WATER

**Please don't put your
life at risk by jumping
into a quarry lake**

Please remember that warning signs are there to protect you

NEVER JUMP INTO WATER UNLESS YOU HAVE CHECKED IT IS SAFE TO DO SO

Please remember that quarry lakes...

- Can have very cold water – ‘Cold WaterShock – can make you gasp and inhale water
- Can conceal rocks and other debris beneath the surface
- Can vary in depth and be very deep
- Can be difficult to exit due to steep, slippery or crumbling sides

Please remember that warning signs are there to protect you

Do not encourage others to follow you – you could be responsible for them being injured or worse

If you see someone in trouble in a quarry lake do not enter the water

PHONE 999 and ask for the Fire and Rescue Service

FLOAT tell them to stay calm and float on their back

THROW them something that floats or find something to reach them and pull them in, wait for the emergency services


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Visit the following sites for more information and resources

Respect the Water – <https://respectthewater.com>

Stay Safe – www.mineralproducts.org/Campaigns/Stay-Safe.aspx



Mineral Products Association, 1st Floor, 297 Euston Road, London NW1 3AD Tel 0203 978 3400 www.mineralproducts.org

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